



Australian Government
Department of Veterans' Affairs

Rehabilitation & Entitlements Policy Group

SOP Bulletin No. 193

14 November 2016

THE FOLLOWING RMA SOPS TAKE EFFECT ON 28 NOVEMBER, 2016

New SOPs	Bruxism Umbilical hernia Female sexual dysfunction Complex regional pain syndrome
Revocations & Replacements	Analgesic nephropathy Fibromuscular dysplasia Animal envenomation Schizophrenia Malignant neoplasm of the brain Acquired cataract Smallpox
Amendments	Anxiety disorder Panic disorder

NOTEWORTHY FEATURES

Bruxism

New - 91 & 92 of '16

- This new SOP covers the action of (unconsciously/involuntarily) grinding the teeth or clenching/bracing the jaw. It doesn't cover any dental consequences that might arise. Tooth wear (dental attrition, abrasion and erosion) is currently under investigation by the RMA as a non-SOP condition.
- Factors in the SOP include neurological and psychological disorders, smoking, alcohol, specified drugs, category 2 stressors and gastro-oesophageal reflux disease.

Umbilical hernia

New - 93 & 94 of '16

- This new SOP covers hernias that develop in or around the umbilicus (not including incisional hernias at that site).
- There are factors for obesity, causes of raised intraabdominal pressure and antiretroviral therapy.

Female sexual dysfunction

New - 95 & 96 of '16

- This new SOP covers a number of disorders that involve clinically significant impaired sexual function in females. In a similar way to the erectile dysfunction SOP, the conditions covered are not discrete diseases, but rather functional disorders due to a wide range of physical and psychological causes.

Complex regional pain syndrome

New - 97 & 98 of '16

- This new SOP covers a group of conditions formerly known under a variety of names, including reflex sympathetic dystrophy, causalgia and Sudeck atrophy.
- It is a disorder of a body region, usually a limb, characterised by excessive pain, skin changes (sensation, temperature, colour, swelling or trophic changes),

decreased joint motion, and patchy bone demineralization. It frequently begins following a fracture, soft tissue injury or surgery.

- There are onset factors covering various injuries, surgery and taking phenobarbital.

Analgesic nephropathy

Revocation - 77 & 78 of '16

Replaces 29 and 30 of '08

- There are minor wording changes to the phenacetin factors and a definition of phenacetin has been added.

Fibromuscular dysplasia

Revocation - 79 & 80 of '16

Replaces 60 and 61 of '08

- There are new factors (RH and BOP, onset and worsening) for smoking.

Animal envenomation

Revocation - 81 & 82 of '16

Replaces 66 and 67 of '08

- There is a new factor for envenomation from a tick bite (tick paralysis), with a longer latency period than the general factor for internal envenomation by animals (12 days vs 3).

Schizophrenia

Revocation - 83 & 84 of '16

Replaces 15 and 16 of '09

- The definition of schizophrenia has been updated for DSM-5.
- Category 1A and 1B stressors have been added as onset factors (RH and BOP, short latency, previously worsening only).
- For the cannabis abuse factor the early onset stipulation has been removed from the BOP SOP and the latency period doubled to 20 years.
- New onset factors (RH and BOP) has been added for alcohol use disorder and substance use disorder involving amphetamines, cocaine or opiates (5 year latency).
- The worsening factor for drugs as specified has an expanded list of drugs that now includes mefloquine.

- Previous worsening factors (RH and BOP) for experiencing severe childhood abuse have been removed.
- A previous onset factor for early death of a parent has been removed from the BOP SOP.

Malignant neoplasm of the brain

Revocation - 85 & 86 of '16

Replaces 58 and 59 of '08

- The definition has been updated, but SOP coverage is unchanged.
- An RH only factor for having an organ transplant from a donor with MN of the brain has been removed.

Acquired cataract

Revocation - 87 & 88 of '16

Replaces 39 and 40 of '08

- There are new RH and BOP, onset and worsening factors for overweight/obesity.
- A previous factor for glaucoma has been removed.
- The minimum doses for smoking have been reduced.
- There are changes to the definitions for the specified list of drugs and for being treated with corticosteroids.
- A previous factor for having chronic hypocalcaemia has been modified to now be for having hypoparathyroidism (hypoparathyroidism causes hypocalcaemia).

Smallpox

Revocation - 89 & 90 of '16

Replaces 31 and 32 of '08

- Smallpox has been eradicated worldwide, with the last known case being in 1977.
- A worsening factor for being in an immunocompromised state has been removed.
- A new factor, concerning pregnancy, has been added.

Anxiety disorder

Amendment - 99 & 100 of '16

Amends 102 and 103 of '14

- The SOP coverage has been amended to now include substance/medication-induced anxiety disorder.

- There are a series of new factors in both RH and BOP SOPs covering medications (including mefloquine), illicit drugs and other substances (including tobacco, alcohol and caffeine).

Panic disorder

Amendment - 101 & 102 of '16

Amends 68 and 69 of '09

- The definition of panic disorder has been updated for DSM-5.
- The definitions concerning clinically significant disorders of mental health have also been updated to the current, DSM-5 based format.
- The RMA was investigating mefloquine as a cause of panic disorder. Panic attacks resulting from medications (including mefloquine) belong under a diagnosis of "medication-induced anxiety disorder" and are covered by a new factor in the anxiety disorder SOP. There is no new mefloquine factor in this SOP.

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