



Australian Government

Department of Veterans' Affairs

## Claimant Report – A sudden increase in weight bearing exercise Shin Splints

This form is in connection with your claim for pension and medical treatment and the information you supply will assist in deciding eligibility for benefits under the Veterans' Entitlements Act 1986 and/or Military Rehabilitation and Compensation Act 2004. In the event of an appeal against a decision, this information may be provided to the Veterans' Review Board, Administrative Appeals Tribunal or Federal Court.

### Veteran's Details

Surname

Given Names

DVA File Number

### Report Detail

- Shin splints may be caused or aggravated by a sudden increase in the frequency, duration, and intensity of weight bearing exercise. Is there a history of such a sudden increase in weight bearing exercise involving the affected leg(s)?  
☐ No - Please sign the form and return it to the Department  
☐ Yes
- Please describe the weight bearing exercise undertaken in the lead up to the sudden increase and then describe the weight bearing exercise at the time of the sudden increase in the frequency, duration, and intensity of the weight bearing exercise: *(attached a separate sheet if necessary)*

Description of weight bearing exercise before the sudden increase	Date of sudden increase	Description of weight bearing exercise at the time of the sudden increase	Reason for sudden increase in weight bearing exercise e.g. started PT
	/ /		
	/ /		
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### Claimant's Signature

**You are reminded that:**

- The Declaration you signed on the claim form also covers the information you supply on this form.
- There are penalties for knowingly making false or misleading statements.