

## Rehabilitation & Entitlements Policy Group

# SOP Bulletin No. 171

13 January 2014

**THE FOLLOWING RMA SOPS TAKE EFFECT ON 15 JANUARY, 2013**

<b>New SOPs</b>	<b>Fibromyalgia Sick sinus syndrome</b>
<b>Revocations &amp; Replacements</b>	<b>Heart block Dental pulp and apical disease Morbid obesity Narcolepsy Dermatomyositis Chronic fatigue syndrome</b>
<b>Amendments</b>	<b>Alzheimer-type dementia</b>

### NOTEWORTHY FEATURES

<b>Fibromyalgia</b>	<b>New – 13 &amp; 14 of '14</b>
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- This new SOP covers a contentious and poorly understood condition involving widespread pain and a range of other symptoms. Manifestations of this disorder overlap with a range of other disorders such as chronic fatigue syndrome, somatoform disorder (somatic symptom disorder in DSM-5) and mood disorders.

<b>Sick sinus syndrome</b>	<b>New – 15 &amp; 16 of '14</b>
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- This new SOP covers a group of abnormal heart rhythms, that originate in the heart's sinus node. Both slow and fast heart rhythms may be involved.

<b>Heart block</b>	<b>Revocation – 01 &amp; 02 of '14</b> Replaces 03 and 04 of '06
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- The definition has been amended to now include a list of the entities covered by the SOP.
- There are new onset factors for: a non-penetrating blow to the chest; hypertension; and obstructive sleep apnoea (RH only).
- The strenuous exercise factor 'dose' requirements have been increased.
- Worsening factors, corresponding to the onset factors, have been added.

<b>Dental pulp and apical disease</b>	<b>Revocation – 03 &amp; 04 of '14</b> Replaces 73 and 74 of '02
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- This SOP has been expanded slightly to now include related pathological changes of the apices of the teeth.
- There are new RH only factors for smoking and diabetes.

- Worsening factors, corresponding to the onset factors, have been added.

### **Morbid obesity**

**Revocation – 05 & 06 of '14**

Replaces 31 and 32 of '03

- The definition has been changed. The previous BMI of  $\geq 35$  + therapy/surgery option has been removed. The requirement in adults is now for a BMI of at least 40. A new criterion has been added for persons 18 years or younger.
- In the caloric intake factor, the “cannot be compensated by physical activity” stipulation has been removed.
- There are new onset only factors for: inability to sleep; specified psychiatric disorders; cessation of smoking (RH only); and polycystic ovary syndrome (RH only).

### **Narcolepsy**

**Revocation – 07 & 08 of '14**

Replaces 57 and 58 of '05

- The definition has been recast and now included more specific diagnostic criteria.
- The head trauma and ionising radiation factors have been updated.
- There are new onset factors (RH and BOP) for surgery (with craniotomy) and (RH only) for receiving Pandemrix™ vaccine and having *Strep. pyogenes* infection.

### **Dermatomyositis**

**Revocation – 09 & 10 of '14**

Replaces 51 and 52 of '05

- The definition now includes the related entity of amyopathic dermatomyositis.
- The previously RH only drug factors have been added to the BOP SOP.
- A new idiosyncratic drug reaction factor has been added to both SOPs.
- Worsening factors, corresponding to the onset factors, have been added.

### **Chronic fatigue syndrome**

**Revocation – 11 & 12 of '14**

Replaces 23 and 24 of '03

- The definition has been recast, with more extensive and precise diagnostic criteria.
- Parvovirus B19 has been added as a cause (RH only).
- There is a new RH only onset factor for ‘living or working in a hostile or life-threatening environment’ (as defined).

### **Alzheimer-type dementia**

**Amendment – 17 & 18 of '14**

Amends 22 and 23 of '10

- New factors have been added to the RH SOP for PTSD and for ionising radiation. As is now standard with ionising radiation factors, an additional but effectively redundant factor for a course of therapeutic (ionising) radiation has been included.
- Diabetes mellitus has been included as a factor in the BOP SOP (previously RH only). The length of time diabetes need to have been present has been reduced in the RH SOP.

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